



**Do you sit behind a computer  
most of the time? Are you:  
Tired? Headaches? Muscle  
aches? Soreness?**

Check out the ergonomics workshop  
where we will have a simulated work  
environment and you can learn about  
the benefits of arranging the work  
environment to fit you in it!

March 18, 2009 from 10:00AM-  
11:00AM in the Walsh Room